

Monthly News – September 2009

Department of Psychiatry

September 14, 2009 Volume 3, Number 9

General News:

For faculty members who do not have a photograph on record with The UH Medical Staff Office, or for those who would like a replacement photograph, a session with a professional photographer is scheduled at Case Medical Center on Wednesday, October 7th from 10:00-11:00 A.M. in the Lerner Tower lobby near the staircase. Photos of faculty members are for use in the online physician directory, department brochures and other marketing and informational publications. It should only take about 5 minutes of your time.

Please wear business attire. Lab coats available at the session and photos will be taken in both business clothes and lab coat.

If you are coming in from outside the Case Medical Center campus and do not have parking here, please use the valet parking service in front of the main entrance to Lerner Tower (off Euclid Avenue/UH Drive). Parking will be validated.

For further information, contact Lucy Bredeson-Smith at 216-844-8315

Comings and Goings:

Welcome to new faculty members:
Vassili Arkadiev, MD - Geriatrics (Geauga)
Francoise Adan, MD – Mood Disorders Program
Michael Magiera, MD - Child and Adolescent Psychiatry

And new department employees:
Rebecca Schwartz - RA 1
Rebecca Weintraub - RA2
Cerlina Johnson – Financial Counselor
Shannon Johnson - Associate Data Coordinator
Mahogani Graves - Intake Specialist

Congratulations:

To: **Dr. Robert Findling and the DWCC** for their continued success with NIH funding. He and his team have been awarded Year 2 for the TOSCA Study (Treatment of Severe Childhood Aggression) and Year 5 for the LAMS (Longitudinal Assessment of Manic Symptoms) Study.”

Robert W. Goldberg, Ph.D., ABPP, Clinical Assistant Professor of Psychology in Psychiatry has been elected as a Fellow of the American Psychological Association, Division 18 (Psychologists in Public Service). He also has been elected Chair-

Elect of the VA Psychology Training Council, the national VA group of internship and residency training directors.

Patrick Runnels, M.D. attained Board Certification in Psychiatry from the ABPN.

Addiction Psychiatry Fellows, **Youssef Mahfoud, M.D.** and **Sam Schwendiman, M.D.** have passed the written portion of the board exam and will take their oral exams in October.

Cheryl Wills, M.D. was appointed to the American Psychiatric Association’s Council on Psychiatry and the Law. This body oversees all matters related to psychiatry and law within the APA.

Events:

September is Recovery Month

Addiction Recovery Services has been celebrating Recovery Month since their doors opened in April 2005. September 2009 marks the 20th National Alcohol and Drug Addiction Recovery Month. This annual commemoration occurs in cities and towns, big and small, nationwide. Its purpose is to celebrate and recognize the valiant efforts of people who are in recovery from addiction, as well as those who support them.

This year's theme, "Join the Voices for Recovery: Together We Learn, Together We Heal" encourages people to educate themselves and others about the new tools available on the Internet that can help people who suffer from substance use disorders as well as their family members and friends.

Online treatment and recovery support includes the following:

www.samhsa.gov/treatment/ lists a range of resources about mental health, substance abuse and treatment.

www.soberrecovery.com/forums offers support forums for people in recovery as well as family and friends.

www.sober.com provides message boards for people in recovery.

As part of Recovery Month and in partnership with UH Employee Assistance Program, **Ray Isackila, Assistant Clinical Administrator of ARS**, will be speaking on *Alcohol/Drug Dependence*. This presentation will be held on **Wednesday, September 23rd in the Kulas Auditorium from noon to 1:00 PM**. Bring your lunch and learn more about the disease concept. Handouts will be available.

Suicide Prevention Education Alliance (SPEA)

SPEA is holding its 6th annual *Into the Light Walk* on Sunday evening **September 27th** starting at 6:00 PM at the Cleveland Metroparks Zoo. Their mission is to prevent suicide through education. Suicide is the third leading cause of death among those aged 15 to 24. Addiction Recovery Services has joined with SPEA as a community partner to raise awareness about addiction and the risk of suicide. Suicide is preventable. Its causes are treatable. Please help us prevent suicide and promote recognition of adolescent depression.

Grand Rounds:

September 18th:

Speaker: **Pamela Davis, M.D., Ph.D.**

Topic: School of Medicine Update
September 25th: **Sandra Stephenson, MSW, MA Director, Ohio Department of Mental Health**

Topic: The Future of Community Mental Health and Public Psychiatry in Ohio: A View from the Top

October 2nd: **Mary Lynn Dell, M.D., D. Min.**

Topic: Major World Faith Traditions: Relevance and Practical Applications in Psychiatric Practice

October 9th:

Speaker: **Joseph R. Calabrese, M.D.**

Topic: Update on the Kaptur Combat Mental Health Initiative

October 16th: **2nd Annual Rocco L. Motto Lecture**

Speaker: **Andrés Martin, M.D., M.P.H.**

Topic: Cover, Content and Course: Career Convergence in Scientific Editing

Mayer-Haber Library News:

The Mayer-Haber Library is arranged according to the National Library of Medicine (NLM) and the Library of Congress (LC) classification. The NLM call numbers all begin with "W." Those books which are not owned by the NLM have call numbers beginning with letters "B" through "R." The numbering system starts on the left, or West, side of the room. You can search for books in the Haber Library book catalog at www.librarything.com/catalog/h8ber.

While in the Haber Library you can search for and access journal articles by connecting to the Core Library and E-journals. From the University Hospitals corporate

intranet page, move your cursor to "quick links" and choose "**library services (core library)**" from the "quick links" menu. At the Core Library home page, under "Access Library Collections" there is a link to E-journals.

Some of the relevant online journals are:

American Journal of Psychiatry
Archives of Neurology
Behavioral Pharmacology
British Journal of Psychiatry
Cleveland Clinic Journal of Medicine
International Journal of Psychopharmacology
Journal of Pediatric Psychiatry
Psychiatric Services
Psychiatric News
Psychiatric Clinics of North America
Psychosomatic Medicine

The Core Library page also offers Help and Research Support, and Request an Item, for those articles you cannot find in E-journals. You can email the staff of the Core Library at: corelibrary@uhhospitals.org

There is a database focused on psychoanalytic journals called **PEP Web**, which is produced by the American Psychoanalytic Association. You can search PEP Web at www.pep-web.org. In addition to journal articles, PEP Web includes over fifty classic books in psychoanalysis, beginning with *The Standard Edition of the Complete Psychological Works of Sigmund Freud*. The Cleveland Psychoanalytic Center, www.psychoanalysiscleveland.org, subscribes to PEP Web and can access the full text of PEP Web articles and books.

Presentations & Publications:

Parran, T.V., Adelman, C.A., Merkin, B., **Pagano, M.E.**, DeFranco, R., Ionescu, R.A., &

Mace, A.G. (in press). Long-term outcomes of office- based buprenorphine/naloxone maintenance therapy. Drug and Alcohol Dependence.

Joseph Locala, M.D., was interviewed Monday, September 14th on national NPR on the relationship between stress and psoriasis and the mind/body connection with skin disease.

Research:

Dr. Robert Findling's Discovery and Wellness Center for Children at University Hospitals Case Medical Center in Cleveland, Ohio is currently enrolling subjects for participation in a research study for children and adolescents between the ages of 7 and 17 years of age with symptoms of Depression. The primary goal of this study is to evaluate the effectiveness of Duloxetine for children and adolescents with Major Depressive Disorder. If eligible, participants may receive services that include a study related clinical evaluation, medical tests, physical exam and investigational medication. If you would like to find out more about this no cost research study, please contact Becky Weintraub at 216.844.3922.

Dr. Robert Findling's Discovery and Wellness Center for is currently looking for research volunteers between the ages of 10 and 17 to participate in a study for an investigational medication for the treatment of Bipolar Disorder. If you know of a child diagnosed with Bipolar Disorder and currently receiving treatment, he or she may be eligible to participate in this study. Study procedures may include a clinical evaluation, medical tests, physical examination, and medication provided at no cost. For more information, please have the family call the Intake Line at 216.844.3922

Seminars:

The **Discovery and Wellness Center for Children (DWCC)** at University Hospitals Case Medical Center will present an educational forum, "**Understanding Autism.**" on **Wednesday, October 28th** at the W.O. Walker Building Auditorium from 3:30 p.m. to 6:00 p.m.

Please join the DWCC, Max Wiznitzer, M.D., Elizabeth Short, Ph.D., and Rory McLean for a discussion on this important topic. Seating is limited. Please **RSVP by October 21st by calling 216.844.3922 (DWCC).**

Contact:

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