

## Monthly News – August 2009

# Department of Psychiatry

August 10, 2009 Volume 3, Number 8

### General News:

**Dr. Joseph Calabrese** and **Dr. David Kemp** will participate in the UH Neurological Institute Leadership Council's "Meet the Docs" summer supper to be held on Wednesday, August 26<sup>th</sup>.

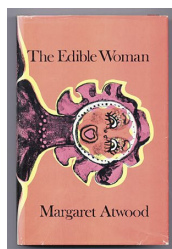
The **7th annual NAMIWALK** will be held on **Saturday, August 29, 2009**. To participate in the walk or to donate on behalf of a walker, or to purchase a NAMI Walk 2009 T-shirt (priced at \$20.00) contact Kate Svala at:

[kathleen.svala@uhhospitals.org](mailto:kathleen.svala@uhhospitals.org)  
or click on the link below:  
[www.nami.org/namiwalks09/GCO/UHpsychiatry](http://www.nami.org/namiwalks09/GCO/UHpsychiatry)

The walk will begin at Voinovich Park behind the Rock and Roll Hall of Fame. Check in is at 9:00 AM and the walk begins at 10:00 AM. The distance of the walk is 2.5 miles.

### Book Club:

The next Psychiatry Book Club will be held **Sunday, August 16th at 7:30 PM**



Dr. Jeanne Lackamp will be the attending discussant and the evening will be hosted by Griffin Stout. Contact Megan Testa at: [megan.testa@uhhospitals.org](mailto:megan.testa@uhhospitals.org) for further details, or to RSVP.

### Congratulations:

**Dr. Robert J. Ronis**, Douglas Danford Bond Professor and Chairman of the Department of Psychiatry for Case Western Reserve University School of Medicine and University Hospitals Case Medical Center, has been named to the Board of Directors of the American Board of Psychiatry and Neurology, Inc.

The Board of Directors consists of sixteen voting members, including eight in Psychiatry and eight in Neurology.

Dr. Ronis has served as an examiner for the Board since 1991 and Senior Examiner since 1995, participating in more than fifty examination cycles.

**Dr. Robert J. Ronis**, has also been appointed as University Hospitals' first system-wide Psychiatrist-in-Chief.

In this newly created position, Dr. Ronis will be responsible for the development and coordination of patient care and clinical research

across the system as it relates to psychiatry and will continue his responsibilities as Chairman of the Department of Psychiatry and Associate Director for the Neurological Institute.

As Psychiatrist-in-Chief, Dr. Ronis joins Richard A. Walsh, MD, Physician-in-Chief, Jeffrey L. Ponsky, MD, Surgeon-in-Chief and Howard S. Nearman, MD, Anesthesiologist-in-Chief in overseeing consistent quality standards of care across UH. In partnership with Lori Locke, RN, MSN, Director of Psychiatry Services, Dr. Ronis will develop a formal strategic plan this fall to extend and refine the scope of inpatient psychiatric services at UH Case Medical Center, UH Richmond Medical Center and UH Geauga Medical Center and ambulatory services at the department's home, the W.O. Walker Center. Dr. Ronis also plans to incorporate and integrate the psychiatry service needs of UH community hospitals and health centers.

### Grand Rounds:

August 14<sup>th</sup>:  
Speaker: **David P. Agle, M.D.** – Sihler Family Professor Lecture  
**Topic:** Is Talking and Listening Redundant in Psychotherapy: The Limits of the Biopsychosocial Approach

August 21<sup>st</sup>:

Speaker: **David P. Agle, M.D.** –  
Sihler Family Professor Lecture  
Topic: A Psychoanalytic Case Study  
and Psychophysiological Regression

August 28<sup>th</sup>:

Speaker: Brand Altose, M.D.  
PGY-4 Child Psychiatry Fellow  
Topic: Substance Use in  
Adolescents

**September 4<sup>th</sup>:**

**NO GRAND ROUNDS**

**Department Meeting**

**Faculty are strongly encouraged  
to attend this meeting**

September 11<sup>th</sup>:

Speaker: **George Jaskiw, M.D.**  
Topic: The role of Tyrosine in  
Neuropsychiatry

### **Mayer-Haber Library at W.O. Walker Center:**

The Library received a generous donation of books from **Kathleen Stoll**. Included in the gift were classics by Eric Fromm, C.G. Jung, and Sigmund Freud. There were several on asylums, two specifically concerning women in asylums. Two of the books are unique and deserve additional mention. **People and Predicaments**, written by Milton Mazer in 1976 is about the successful development of a mental health center on Martha's Vineyard. Because of the small population and limited resources available on this island, and the level of detail used in the research and planning, the process outlined in this book has been used as a model for establishing community mental health services in rural communities.

The other unusual volume is an unpublished compilation of articles and working papers concerning architectural issues in mental health facilities. Some of the subjects covered in these articles are design, color, furnishings, staffing, and flow of activities. The author, Clyde H.

Dorsett, 1925-2007, was an architectural consultant for the National Institutes of Mental Health from 1965 to 1982. He consulted on local projects including The Fairhill Center and the MetroHealth building at Murtis H. Taylor Center. Dorsett was a specialist in the construction of mental health facilities and this collection of papers reveal him as an advocate for more inviting, client-centered, and informal approaches to design.

A second donation, from Dr. Cheryl Wills, contains very recent works on forensic psychiatry, law, and ethics, such as Forensic Ethics and the Expert Witness, by Philip J. Candilis, and The Mentally Disordered Inmate and the Law, by Fred Cohen. The gift includes the recently published and widely reviewed Revolution in Mind, by George Makari, which is a comprehensive history of psychoanalysis based on a decade of research. Another of the gift books from Dr. Wills, The Clinical Handbook of Schizophrenia, edited by Kim Mueser and Dilip V. Jeste, includes among its contributors Dr. Martha Sajatovic.

Residents and staff may borrow these titles by filling out a Library Loan Sheet for each title and inserting the Sheet on the shelf in place of the book. **The suggested loan period is three weeks.**

### **Presentations:**

**Dr. Martha Sajatovic** was interviewed on Cleveland.com for the 7/10 HEALTH AND FITNESS Northeast OH Healthy Living and Medical Consumer News. Dr. Sajatovic discussed the field of geropsychiatry and treatment of emotional issues, stress issues, depression and other mental health conditions that affect the elderly population. If you would like to view the interview, the link to the video is:

[http://www.cleveland.com/healthfi/t/index.ssf/2009/07/geropsychiatry\\_focuses\\_on\\_cond.html](http://www.cleveland.com/healthfi/t/index.ssf/2009/07/geropsychiatry_focuses_on_cond.html)

### **Research:**

**Customized Adherence Enhancement for Individuals with Bipolar Disorder receiving atypical antipsychotic therapy:**  
This study is a pilot, prospective project of the effects of customized adherence enhancement (CAE) when added to the medical management (usual care) of patients with bipolar disorder who are known to be at risk for treatment non-adherence. The aim of this project is to test the use of a modular-based intervention in a pilot feasibility, acceptability and preliminary efficacy study of customized adherence enhancement (CAE) in a vulnerable population with BPD at an academic medical center. Participants are recruited from the Psychiatry inpatient and outpatient clinics at any University Hospitals affiliated site and will be followed up for 3 months.

#### **Basic Inclusion/Exclusion criteria:**

- Participants must be 18 years old, have Bipolar Disorder Type I or Type II
- Have demonstrated a poor history of adherence to medication
- Must be taking atypical mood stabilizer medication

#### **Contact Person**

Tiffany Williams, BS  
Research Assistant  
Office locations: W.O. Walker Center  
Phone: 216-844-2835 or email at [Tiffany.Williams@UHHospitals.org](mailto:Tiffany.Williams@UHHospitals.org)

The **Mood Disorders Program** of University Hospitals Case Medical Center is conducting clinical research on the treatment of symptoms related to Major Depressive Disorder with Generalized Anxiety. The objective of the study is to determine if

Quetiapine-XR (Seroquel) is effective and safe in this population. This is an 8-week study and participants have a 50% chance of receiving a placebo or the active medication. Participants include persons that are experiencing current depressive and anxiety symptoms, and must be 18 years of age and older. Compensation is provided. For more information please call 216/844-2863.

### Save the Date:

The **Discovery and Wellness Center for Children (DWCC)** at University Hospitals Case Medical Center will present an educational forum, “**Understanding Autism.**” on **Wednesday, October 28<sup>th</sup>** at the W.O. Walker Building Auditorium from 3:30 p.m. to 6:00 p.m. The goal of the forum is to educate attendees on the complexity of autism through explaining autism spectrum disorders from a neurological, behavioral, and social perspective and highlighting symptoms, diagnosis, treatments, and community resources for families and/or professionals that work or have children diagnosed with autism.

This educational forum is open to mental health professionals, teachers, parents, and anyone interested in expanding their knowledge of autism. Parking is free in Lot #36, located across from the W.O. Walker Building next to National City Bank on Stokes Boulevard.

Please join the DWCC, Max Wiznitzer, M.D., Elizabeth Short, Ph.D., and Rory McLean for a discussion on this important topic. Seating is limited. Please **RSVP by October 21<sup>st</sup> by calling 216.844.3922 (DWCC).**

Continuing Education Units (CEUs) may be available for \$18 and a certificate of attendance will be issued at the conclusion of the

forum. Please be sure to contact your institution's official for further details on how to qualify for CEUs.

### Seminars:

Dialectical Behavior Therapy:  
Treating the Eating Disordered Client with Multiple Problems  
Lucene Wisniewski, Ph.D., FAED  
& Denise D. Ben-Porath, Ph.D.  
**September 17 - 18, 2009**  
Twinsburg, OH Hilton Garden Inn  
Cleveland/ Twinsburg

This practical two-day training is designed for mental health professionals of all disciplines who treat eating disorders, especially those clients with multiple, severe problems. Using lecture, case examples, role-playing and small group exercises, the instructor will teach strategies and procedures to treat anorexia nervosa, bulimia nervosa, and binge eating disorder in the context of multiple problems.

For complete training details, including CE/CME information:  
<http://www.behavioraltech.org/training/schedule.cfm>

### Contact:

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